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# Curriculum Vitae of Richard S Koch DO

Philadelphia College of Osteopathic Medicine

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**CURRICULUM VITAE  
OF  
RICHARD S. KOCH, D.O., F.A.A.O., F.A.C.G.P.**

Osteopathic Physician and Surgeon  
Westcare Medical Center  
3000 Limited Lane NW, Suite 150  
Olympia, Washington 98502

**BOARD CERTIFICATION:**

- Family Medicine, Physical Medicine and Rehabilitation, Osteopathic Spinal Manipulation, and Prolotherapy (Trained in Prolotherapy 1938-1939 by originators. Practicing Sclerotherapy/Prolotherapy since 1940)

**AFFILIATIONS, ACTIVITIES, ACHIEVEMENTS AND SPECIAL RECOGNITIONS:**

- Board Member and Fellow of College Of Sclerotherapy (Prolotherapy)
- Dr. Koch has been an author, lecturer, and Instructor in Prolotherapy since 1940.
- Fellow and Board Member of American Academy of Osteopathy
- Member of Board of Governors of Philadelphia College of Osteopathic Medicine
- Member of Board of Trustees of American Osteopathic Association
- Vice President of American Osteopathic Association
- President of Washington Osteopathic Medical Association
- Clinical Professor of Family Medicine, College of Osteopathic Medicine of the Pacific
- 1988 PCOM Founders Day Laureate Medallist, Top Honorary Award PCOM
- President and Board Member Alumni Association Philadelphia College of Osteopathic Medicine and receiving
- Highest Commendation *Certificate of Honor* for 1994
- Was selected as a co-lecturer and instructor on spine and prolotherapy subjects on medical seminars with such outstanding personal physicians of two US Presidents: Dr. Janet Travell (President Kennedy) and Dr. Paul Dudley White (President Eisenhower) as well as with world authority oceanographer John Michel Cousteau.
- International lecturer and published author on medical subjects.

**SCIENTIFIC AND SPORTS AFFILIATIONS:**

- Certified Diving Physician
- Guest Lecturer at Centralia College, Olympia Technical community college, and multiple medical organizations

**OTHER MEMBERSHIPS:**

American Medical Association  
American Association of Osteopathic Specialists  
American Academy of Pain Management  
International Society of Aquatic Medicine, Board and Charter Member  
American Physicians Fellowship for Medicine in Israel  
American College of Osteopathic Pain Management and Sclerotherapy  
Orthomolecular Medical Society  
American Holistic Medical Association  
The Royal Society of Medicine  
American Association of Orthopaedic Medicine  
North American Academy of Manipulative Medicine  
American Osteopathic Academy of Sports Medicine  
et al